Marcus Ford Fourth Annual 5K Celebration







Run or Walk or Just Hang Out! Saturday, October 1, 2016

Special recognition for every child in attendance! Plus Door Prizes!!

Marcus Ford graduated from Christiansburg High School in 2007 and from James Madison University in 2011. He accepted a job in his senior year in college with Grant Thornton as a consultant in Alexandria, VA. Sadly, Marcus and his family found out while he was a junior in college that he had a hereditary heart disease called CPVT. Marcus passed away on March 17, 2012 in Arlington, VA from this disease. The minutes that have passed since that day are very hard to face but we know that Marcus has a new heart now. Because of his love for sports and how he loved running we have created the Marcus Ford Annual Run/Walk 5K Celebration. We cannot think about Marcus without thinking about a celebration of the person he was and the thousands of lives that he touched.

Monies raised from the Marcus Ford Annual Run/Walk 5K's will go to his scholarship.

The Marcus Allen Ford Memorial Scholarship Fund is given each spring at
Christiansburg High School to a graduating senior who exemplifies the person that

Marcus was to everyone he met.

Please mark your calendars! RunAbout Sports' Finish Line is back this year! Plan to arrive early! Please visit Marcus' website often for updates and pre-registration. www.marcusford.org. You may also register the day of the event.

Contact information: tracey3610@yahoo.com or 540-392-2189.

Date: October 1, 2016. Registration: Starts at 9:00 a.m. 5K Starts at 11:00 a.m. \$20 donation for each participant. All monies raised will go to the Marcus Allen Ford Memorial Scholarship fund.

The 5K will be in Christiansburg, VA beginning and ending at the Huckleberry Trail at the New River Valley Mall entrance area. There will be door prizes! Register early!